

AKIRA SWIFT 65TH ANNUAL TRACK AND FIELD CHAMPIONSHIPS 2018

PARTICIPATING EVENTS – Secondary & Open Category
(Only available events are Marked **X**)

S/N	EVENTS	Boys 14yrs & under	Boys 17yrs & under	Men Open	Girls 14yrs & under	Girls 17yrs & under	Women Open
1	Shot Put		X	X		X	X
2	High Jump		X	X		X	X
3	Long Jump		X	X		X	X
	Shot Put (weight)		5kg	7.26kg		4kg	4kg

Note:

Events with **FIVE (5) or LESS** entries will be cancelled **or** combined with the next higher age group category

Field Events shall be conducted as follows:

- Shot Put & Long Jump events - Competitors shall be given two (2) trials and the best eight (8) shall have another two (2) more trials.
- High Jump event - Competitors shall be eliminated from the competition if he /she recorded two (2) consecutive failures. However, the last three (3) remaining competitors shall only be eliminated if three (3) consecutive failures are recorded