



Founded 1947
70 years of Sporting Excellence

AKIRA

SWIFT ATHLETES ASSOCIATION

AKIRA SWIFT 65TH ANNUAL TRACK AND FIELD CHAMPIONSHIPS 2018

NEW EVENTS

Categories AGE GROUP AS OF 31 DEC 2018

1) KIDS DASH –UNDER 7/8 /9 BOYS /GIRLS

NEW EVENT

- 1) KIDS DASH 50M U7 BOYS/GIRLS
- 2) 4 x 25 metres Relay- U7/U8/U9 (Boys /Girls)

Competition Guide as follow:

- a) Each team will have 4 runners
- b) Each team will be assigned 2 lanes during the competition.
(E.g. Runner no.1 and 3 will be in lane 1 and Runner 2 and 4 will be positioned in lane 2.) This is to ensure runners can compete safely.
- c) The outgoing Runner must wait behind the start line for the baton and only start running after the incoming Runner pass over the baton.

(For more Details on the event day)

2) Primary School:

B Div Boys & Girls U12 /Pri Sch: C Div Boys & Girls U11 D Div Boys & Girls U10

NEW EVENT

- 1) 4 x 100m Relay (Mixed)- U10/U11/U12 (**Boy/Girl/Boy/Girl**)

3) SECONDARY / OPEN

Schools: (B Div) Boys & Girls U17 /(C Div) Boys & Girls U14

NEW EVENT

- 1) 4X100m Relay Mixed Relay U14/U17/(**Boy/Girl/Boy/Girl**)
- 2) Mixed Medley Relay-(100/100/200/400) U14/U17 (**Girl/Boy/Girl/Boy**)

4) Open (Men & Women)

NEW EVENT

- 1) ENDURANCE MILE – MEN / WOMEN OPEN
- 2) 4X100m Relay Mixed Relay Open/(**Men/Women/Men/Women**)
- 3) Mixed Medley Relay-(100/100/200/400) Open (**Women/Men/Women/Men**)