

FLAG OFF TIME AKIRA SWIFT AA CROSS COUNTRY 2018

| Division | Number Range | Tag Color | Distance | Flag Off Start Number/Flag-off time |
|------------|---------------------------|--------------------|----------|--|
| Boys U11 | 1101 to 1150 / 1181-1183 | L.GREEN | 1 Km | Start No:1 /14:00 |
| Girls U11 | 1151 to 1175 | L.GREEN | 1 Km | Start No:2/ 14:10 |
| Boys U12 | 1201 to 1245 | Light Red | 1 Km | Start No:3/14:20 |
| Girls U12 | 1251 to 1282 | L. Red | 1 Km | Start No:4/14:30 |
| Boys U9 | 0901 to 916 | WHITE | 500m | Start No:5/14:40 |
| Girls U9 | 0951 to 956 | WHITE | 500m | Start No:6/14:45 |
| Boys U10 | 1001 to 1035 | L.ORANGE | 500m | Start No:7/14:50 |
| Girls U10 | 1051 to 1075 | L. ORANGE | 500m | Start No:8/14:55 |
| Boys U8 | 0801 to 0816 | L. Blue | 300m | Start No:9/15:00 |
| Girls U8 | 0851 to 0864 | L. Blue | 300m | Start No:10/15:00 |
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| Boys U14 | 4001 to 4100 /961 TO 990 | L.YELLOW AND WHITE | 3.7Km | Start No:11/15:00 |
| Girls U14 | 4501 to 4575 | L.YELLOW | 3.7Km | Start No: 12/15:15 |
| Girls U17 | 7501 to 7583 | L. CYAN | 3.7Km | Start No:13/15:30 |
| Boys U17 | 7001 to 7100/241-300/1288 | L. CYAN / L.RED | 4.5Km | Start No:14/15:45 |
| Men Open | 0101 to 0149 | WHITE | 4.5Km | Start No:15/16:00 |
| Women Open | 0201 to 0233 | L. Red | 4.5Km | Start No:16/16:10 |