



1947 -2017

70 years of Sporting Excellence

# AKIRA

## UPDATED ON 10 JANUARY 2017

Date: 10 January 2017

To : Principals, Hon Secretaries, SAA Affiliates, Sports Secretaries  
Convenors (Track & Field), Schools, Colleges, Institutions

Dear Sir / Madam

### AKIRA SWIFT TAN SOO LIAT MEMORIAL AGE GROUP ROAD RELAY CHAMPIONSHIPS 2017

**Saturday 25 February 2017 at 1400 hours**

**Venue: Bedok Reservoir Park Boat Vista (Canoe Park Site)**

Closing Date :	11 February 2017	Entry Fee per Team :	\$50.00
Late Entry after Closing date :	12-18 February 2017	Entry Fee per Team :	\$60.00

**Issue of No Tags (BIBs) – 25 March 2017 (i.e. on race day from 1300hrs)**

**Reporting Time : 1 hour before start of event**

**PAYMENT MODE:PREPAYMENT BANK TRANSFER /CHEQUE /EINVOICE (SCHOOLS ONLY)**  
**IFAAS Billing for MOE Schools – E INVOICE –Please mention IFAAS Code on the entry form**  
**Clubs/Individuals–Direct Bank Transfer to our UOB Current Account:302-302-240-9**  
**(Swift Athletes Association) before the closing date , otherwise your entries not be accepted**  
**or mention in the start list.Proof of payment to be email together with entry form.**  
**Cheque: Name:Swift Athletes Association Post to: PIRAKAS C/O SWIFT A A ,**  
**Block 713 Woodlands Drive 70 #06-83 Singapore 730713**

Please forward your queries/entry forms to this email: [swiftaa1947@gmail.com](mailto:swiftaa1947@gmail.com)

Prize : Top 3 teams in each category

Lucky Draw : AKIRA electronic products will be given away as lucky draw prizes

Prize Presentation : 1700hrs (**1600 hrs for U10 - U13 Age Category**)

Prizes : Top 3 Team each category - 1st – 3<sup>rd</sup> Teams

**Lucky Draw** : AKIRA electronic products like Cookers, Oven, Fans, DVD Players will be given away

**Start List /Results** – All updates will be posted in [www.singaporeathletics.org.sg](http://www.singaporeathletics.org.sg) & [www.swiftaa.org](http://www.swiftaa.org)  
websites-Before and After the event

Please forward your queries/entry forms to this email: [swiftaa1947@gmail.com](mailto:swiftaa1947@gmail.com)

# **RULES AND REGULATIONS**

## **1. AGE GROUPS** AGE LIMIT AS OF 31 DEC 2017

The Championships shall be run in the following categories :

<u>Age Category</u>	<u>EVENT DETAILS</u>	<u>Distance</u>	<u>RaceTime</u>
<u>AGE LIMIT AS OF 31 DEC 2017</u>			
Boys & Girls U11		4X1km	1400hrs
Boys & Girls U12		4X1km	1400hrs
Boys& Girls U10		4X500m	1430hrs
Boys& Girls U 9		4X500m	1430hrs
Boys U-14		4x3.7km	1530hrs
Girls U-14		4x3.7km	1530hrs
Girls U-17		4x3.7km	1545hrs
Boys U-17		4x3.km	1545hrs
Men Open	No Age Limit	4x 3.7km	1600hrs
Women Open	No Age Limit	4x3.7km	1600hrs

## **2. ENTRIES**

2.1. Each school/club shall be allowed to submit as many teams as they want.  
Each team must comprise of 4 members to run.

\*\* Members of each team must be from the SAME school/college/institution/club

\*\* All athletes have to familiarise themselves with their own race route map which will be posted on the Swift website 2 weeks before the competition if there are any changes.

\*\* Route and distance may vary due to weather conditions during competition day

\*\* All athletes must run in their own age category

\*\* Event shall be cancelled if there are less than 3 teams per category and they will be included in the next age group  
E.g. U10 will be included in U11 age group

## **3. ASSISTANCE**

3.1. No competitor is allowed to receive assistance from any person, other than Officials, during the progress of the races.

## **4. COMPETITON**

4.1. Competitors must adhere strictly to the designated route and direction of run.  
Refer to Route Map 1km./500m ,3.7km.

4.2. The distance for the Under 14/17 and Open Category is 3.7 km and the U11-12 - Primary schools age category will run 1km.  
U9-10 The 4 runners x 500m dash will start at the loop. Please see attached map

## **5. ATTIRE**

5.1. **Suitable footwear without spikes is compulsory.** No competitor shall be permitted to run barefooted.

## **6. COMPETITOR'S TAGS AND NUMBERS**

6.1. Only the Official number issued by the Organising Committee shall be used and it is the responsibility of the competitors and the teacher in-charge to ensure that these are securely worn throughout the competition.

6.2. Competitors who start and/or finish the race **without** the official number will be disqualified.

## **7. REGISTRATION**

7.1. Number tags will be issued on the competition day at the Bedok Reservoir Park on 5 March 2016 from 1230hrs for Primary and 1300hrs for Secondary / Open Category.

## 8. REPORTING TIME AND AREA

- 8.1. All team must report to the registration table and collect their number tags and again at the start line upon announcement to do so at least 15 mins before the scheduled start of the race.
- 8.2. Once the team has been cleared by the marshals, they are to remain in the marshalling area until starting time.
- 8.3. Any runner who does not present himself/herself at the start shall be deemed to have withdrawn from the race.

## 9. RESULTS AND PROTEST

- 9.1. Provisional results will be announced and posted at an indicated location.
- 9.2. Results will be finalised **20 minutes** after the posting.
- 9.3. Any protest to the result must be made, **within this 20 minute period** to the Meet Manager.
- 9.4. The Protest Committee shall comprise of the Meet Manager and Referee.

## 10. INCLEMENT WEATHER

- 10.1. In the event of inclement weather, and in the interest of safety, the Referee / Meet Manager will make a decision whether to continue or cancel the event. His/her decision shall be final. **Payment is due to our Association incase of cancellation of event due to inclement weather**

## 11. REFRESHMENT

- 11.1. It is the responsibility of the participating schools to ensure that their runners are well hydrated before and after the race
- 11.2. Runners should be encouraged to drink about 400 to 500 ml of fluids 30 minutes before the start of the competition.

## 12. SAFETY

- 12.1. Each team must be accompanied by a teacher or coach who shall remain with the team or be at the designated areas throughout the competition.
- 12.2. Championship Officials reserve the right to stop competitors momentarily or from competing further should they detect signs of danger, heat stroke, heat exhaustion or indications that the competitor is physically unable to continue with the competition.

## 13. OTHER MATTERS

- 13.1. The Organising Committee shall deal with all matters not provided for under these rules and its decision shall be final.

### NOTE

There will be no refund of entry fees for any withdrawal/no-show after the closing date  
Entries must reach us BEFORE the stipulated closing date  
All late entries WILL NOT be entertained

Upon filling up the form and forward to [swiftaa1947@gmail.com](mailto:swiftaa1947@gmail.com)

Please save file with your school name (eg-SWIFT PRIMARY) and Email Subject: (E.G SWIFTPRISCHOOL ENTRY)with several pages if more than one category and gender rather than more than one attachment per form. When we open your file we can refer all your entries.

Startlist and all events details will be uploaded in our website [www.swiftaa.org](http://www.swiftaa.org) and SAA website [www.singaporeathletics.org.sg](http://www.singaporeathletics.org.sg)

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